



**Parent Guide**  
**Jesus teaches us not to worry.**



**What we learned:**

Today we learned that we don't have to worry in this life because our loving heavenly father is always going to take care of us. That God does not do this because it's his job, but He likes us, He loves us, He delights in us.



**Prayer:**

That the kids would understand and embrace early in their life that God is trustworthy. That he loves to take care of us, and that us parents would remember this too.



**Suggested Parent/Child Activity:**

Read the story about Jesus teaching us not to worry in Matthew 6:25-34. Talk about times in your own life when you have worried about something and had to trust God; and how God took care of you.



**Memory Verse:** Matthew 6:9-13. **The Lord's Prayer** (The same from last week)

Our Father in heaven.  
May your name be kept holy.  
May your kingdom come.  
May your will be done on earth, as it is in heaven.  
Give us today our daily bread.  
Forgive us our sins, as we forgive those who sin against us.  
Don't let us yield to temptation, but rescue us from the evil one.  
For yours is the kingdom and the power and the glory forever.  
Amen